

All day menu

BEN BAR & KITCHEN
ESTD 2019
MADIGAN'S

STARTERS

SOUP OF THE DAY (vo) £4.50

served with Ben Madigan's Wheaten

CRISPY CHILLI SALTED SQUID sm £4.95 / lrg £8.50

with Napa Slaw, Chilli Jam and Aioli (3,4,7,14)

HAM HOCK TERRINE £ 5.95

served with pickled vegetables and Sourdough Toast (2,9)

SEA FOOD CHOWDER & WHEATEN sm £5.95 / lrg £10.50

Salmon, Haddock, Smoked Fish, Prawns, Chorizo, tomato, spring onion and fresh herb served in our own cream sauce (1,2,3,5,7,8,14)

SUN-DRIED TOMATO HUMMUS (v,vo) £5.50

served with crisp vegetable sticks and crispy croutons (1,2,12)

MAINS

GRILLED SALMON FILLET £12.50

Served with herb potato pancake, tender stem broccoli and a fennel and chive butter sauce (1,2,4,5,7)

SLOW COOKED BEEF CHEEK £13.50

Served with Parmesan mash, tender stem broccoli and creamy pepper sauce (1,7,14)

CHICKEN SUPREME £11.75

With citrus and Pomegranate Cous-Cous, spiced cumin tomato sauce and mint yoghurt (1,2,7,14)

PAN FRIED COD £12.95

Served with Colcannon Mash, green beans, spinach and a tarragon veloute (1,5,7)

BRAISED BEEF AND MUSHROOM RAGU £12.50

In a rich tomato sauce with Parmesan and Truffle oil (1,2,4,5,7,14)

PASTA (v) £9.95

Olives, red pepper, and Goat's Cheese served with wilted Rocket, Sun-dried tomato and pesto (add Chicken for £1.75) (2,4,7,10)

SIDES £3.50

CREAMY MASHED POTATOES

SEASONAL VEGETABLES

SKINNY FRIES/CHUNKY CHIPS

CRISPY HOT CHICKEN WINGS sm £4.95 / lrg £8.25

with Blue Cheese or Mint Yoghurt Dip. (4,7,14)

CLASSIC CHICKEN CAESAR SALAD sm £5.50 / lrg £9.50

Crisp bacon, Parmesan shavings & gem lettuce. (2,4,5,7,9,14)

GOATS CHEESE FRITTERS (v) £5.50

with organic beetroot, crème fraiche, salad and balsamic oil (2,7)

BEN'S SUPER FOOD SALAD £5.50

Avocado, Cucumber, Radish and Quinoa tossed with tender-stem broccoli, beetroot, mint and salad leaves with garden peas and a citrus vinaigrette (9)

FISH AND CHIPS £11.95

Crispy battered Haddock, served with chunky chips, tartare sauce and mushy peas (2,4,5,9,14)

BEN'S VEGAN BURGER £10.50

Butternut Squash and Chickpea burger with baby gem lettuce, avocado puree, tomato, red onion and chilli jam, served with skinny fries (2,9,14)

GRILLED 10oz SIRLOIN £19.95

served with sautéed mushrooms and oven roasted tomatoes, chunky chips and a choice of Garlic Butter/Pepper Sauce or Salsa Verde (5,7,9,14)

BEN'S BIG BURGER £11.95

8oz 100% Steak burger, chilli cheese, bacon, red onion and baby-gem lettuce with beef tomato, onion ring, and Gherkin mayo served in a Brioche Bun with chunky chips (2,4,7,14)

SPICED LENTIL DAHL (vo) £10.50

with butternut squash, spinach and coconut milk served with pitta bread and mint yogurt (1,2,7,9)

ONION RINGS

CHAMP

SWEET POTATO FRIES £3.75

PEPPER SAUCE/GRAVY £2.00

DESSERTS

CHOCOLATE BROWNIE with vanilla ice cream and chocolate sauce. (7)(vo) £5.50

TRIO OF ICECREAM £4.95

Brandy snap and fruit coulis (2,7,14)

CHEESECAKE £5.50

Changes Daily (1,7,13,14)

LEMON TART £5.50

served with Chantilly cream and fruit compote (2,4,7)

STICKY TOFFEE PUDDING

toffee sauce and vanilla ice cream (2,7) £5.50

CAJUN SOUTHERN FRIED CHICKEN FILLET BURGER £11.95

Chicken fillet in our spiced Oat and breadcrumb mix with tomato, red onion, baby-gem lettuce, and coleslaw in a Brioche bun with hot sauce and skinny fries (2,4,7)

VEGAN HOT POT £9.95

Cannellini beans, chickpeas and spinach with roasted butternut squash, red peppers and fresh herbs in a spiced tomato broth served with toasted Sourdough bread (1,14)

(vo) - Vegan Option Available

ALLERGEN INFORMATION

1. Celery
2. Cereals containing gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Nuts
11. Peanuts
12. Sesame Seeds
13. Soya
14. Sulphur Dioxide/sulphites