

All Day Menu

BEN BAR & KITCHEN
ESTD 2019
MADIGANS

STARTERS

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| BREADS, OLIVES & OILS | £6 |
| A selection of flavoured bread, dipping oils and olives (2,7) | |
| SOUP OF THE DAY (v) | £6 |
| served with Ben Madigan's Wheaten (2,7) | |
| BEN'S FAMOUS SEA FOOD CHOWDER | |
| locally sourced seafood with chorizo, | sm £7 |
| tomato, spring onion and fresh herbs served | lrg £14 |
| in our own cream sauce (1,2,3,5,7,8,14) | |
| CHILI & HONEY GLAZED SHREDDED | |
| CHICKEN STRIPS | £7 |
| with crunchy salad & Thai mayo (2,4,6,7,12) | |
| DUCK SPRING ROLLS | |
| Aromatic Duck Spring Rolls with Thai Dipping | £7 |
| Sauce (1,2,4,7,8,13,14) | |
| CRISPY CHILLI SQUID | £7 |
| with Napa slaw, Asian gremolata and garlic aioli (4,5,12,14) | |

THAI SPICED CHICKEN DUMPLINGS
with chilli and lime dressed Asian slaw and
Thai dipping sauce (1,2,3,7,9,12,14) £7

STEAMED 'DUNDRUM' MUSSELS
served with our garlic and white wine
garlic cream sauce fresh herbs and sm £7
toasted sourdough bread (2,3,5,7,8) lrg £12

PIRI PIRI PRAWNS
spiced Atlantic prawns in Ben's spiced red
pepper, tomato & chilli sauce with toasted
sourdough (1,3,5,8) £7

CRISPY HOT CHICKEN WINGS
tossed in Ben's Tangy hot sauce, served sm £7
with crisp salad and our homemade blue
cheese dip (7,9,12,14) lrg £12

SPICED CHICKPEA & CARROT
FRITTERS (v) £6.50
with red pepper chutney, basil pesto and
crispy salad (1,2,4,6,7)

MAINS

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| CAJUN BLACKENED SALMON | £16 |
| served with a chorizo & mixed bean cassoulet and patatas bravas (1,2,3,5,9,13) | |
| DIJON CRUSTED COD | £16 |
| fresh cod topped with Dijon mustard and herb roasted breadcrumbs, served with seasonal vegetables, herb veloute & basil mash (2,4,5,9,14) | |
| HERB MARINATED CHICKEN SUPREME | £16 |
| with champ, garlic tossed wild mushrooms, Irish style cabbage & bacon, with red wine jus (7,14) | |
| 'FEATHERBLADE' OF BEEF | £16 |
| slow-braised Featherblade of beef with seasonal greens, creamed potatoes and pearl onion & veal jus (1,7,14) | |
| BEN'S BIG BURGER | £15 |
| 'McAtamaneys' 6oz Beef Patty topped with slow cooked BBQ pulled beef, smoked cheese, tobacco onions & crisp salad, served with chunky chips and chipotle mayo (1,2,7) | |
| PASTA CHICKEN ALLA ROMANA | £15 |
| chicken breast tossed in a smoked bacon white wine & red pepper cream sauce with Penne pasta and chilli gremolata (2,4,7,9) | |

BEER BATTERED FISH & CHIPS
served with triple cooked chips,
homemade chunky tartar sauce and mushy
peas (2,4,5,9,14) £15

BEN'S BUTTERMILK CHICKEN
BURGER £15
chicken breast coated in a buttermilk and
spiced chicken flour in a dressed Brioche
Bun with bens homemade ketchup, herb
mayo, smoked bacon & beer battered onion
ring (1,2,7,9)

*At Ben Madigan's our ethos is
'locally sourced ingredients, cooked fresh'.
Where possible, all our fish comes from
local waters, and all our beef is
Northern Irish, Farm Quality Assured*

ALLERGEN INFORMATION

1. Celery
2. Cereals containing Gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Nuts
11. Peanuts
12. Sesame Seeds
13. Soya
14. Sulphur Dioxide/Sulphites

loveyourlocal
#loveyourlocal 

Every care is taken to avoid any cross contamination when processing a specific allergen free order. We do however work in a kitchen that processes allergenic ingredients and does NOT have a specific allergen free zone or separate dedicated fryers. Allergen data is held on each of our dish ingredients. Ask your server for more details

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FROM THE GRILL

GRILLED 10oz SIRLOIN £24

with herb-roasted Portabello mushroom, braised fennel, roasted red onion and oven roasted tomato, with peppered sauce and choice of side (7,9,14)

BEN'S SURF & TURF £28

8oz Rib-eye topped with local prawns tossed in garlic butter and choice of side (1,3,5,8)

GRILLED 8oz RIB-EYE £24

with herb-roasted Portabello mushroom, braised fennel, roasted red onion and oven roasted tomato, with peppercorn sauce and choice of side (7,9,14)

SIDES £4.50

SEASONAL VEGETABLES

PARMESAN & TRUFFLE FRIES (7) £4.95

SWEET POTATO FRIES £4.95

PATATAS BRAVAS £4.95

SKIN ON RUSTIC FRIES

TRIPLE COOKED CHUNKY FRIES

CREAMY MASHED POTATOES (7)

CHAMP (7)

ONION RINGS (2)

PEPPER SAUCE (7) £2.50

GRAVY £2.50

DIPS £0.50

GARLIC MAYO, BBQ DIP, CHIPOTLE DIP, CHILLI JAM

VEGAN & VEGETARIAN

BUFFALO CAULIFLOWER WINGS

Chunky cauliflower florets, breaded and fried and then doused in our special hot sauce and served with blue cheese dip (1,2,4,6,7,9,12,14) sm £7 lrg £13

SPICED CHICKPEA & CARROT FRITTERS (v) sm £7 lrg £13

with red pepper chutney, basil pesto and crispy salad (1,2,4,6,7)

SALT & CHILLI TOFU(v)(vo) sm £7 lrg £13

crisp Tofu with Asian slaw, chilli lime dressing & chilli jam (1,12,14)

VEGAN FALAFEL BURGER £14

spiced chickpea burger topped with Peperonata served in a dressed Vegan bun and triple cooked chips (1,2,6,13,14)

VEGAN NUT ROAST £15

Served with seasonal vegetables, baby potatoes and vegan gravy (1,2,6,9,10,11,12,13,14)

PASTA ALLA ROMANA £14

with garlic chilli potatoes and tempura of greens (2,4,7,9)

MIXED BEAN CASSOULET £14

with tempura of vegetables and toasted sourdough bread (1,2,9,13)

DESSERTS

TRIO OF CHOCOLATE BROWNIE £6

with fudge sauce, and vanilla ice cream (2,4,7,10)

VEGAN OPTION AVAILABLE

COCONUT PANNA COTTA £6

with mango and chilli & lime compote (2,4,7,13,14)

BISCOFF, WHITE CHOCOLATE & £6

CARAMEL CHEESECAKE

with Chantilly cream and toffee sauce (2,7,13,14)

STICKY TOFFEE PUDDING £6

served with butterscotch sauce & vanilla ice cream (7,10,13)

SPICED APPLE CRUMBLE £6

served with vanilla ice-cream (2,7,10)

TRIO OF ICE-CREAM £6

served with toffee & chocolate sauce (7,10,13)

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