

Lunch Menu



ALL ITEMS £9.95

AVAILABLE MONDAY* TO FRIDAY, 12-4PM

BEEF BRISKET SANDWICH

16hr slow braised beef with Dijon mustard, Swiss cheese & dill pickles in a rustic Ciabatta served with dipping sauce. (1,2,6,7,9,14)

ADD FRIES FOR £4.00

4oz SMASH BURGER

4oz Smash burger served with burger sauce, cheese & pickle in a toasted Brioche bun and served with skinny fries and salad (1,2,4,7,9)

CLASSIC CHICKEN CAESAR & SMOKED BACON WRAP

Crispy chicken strips, chopped bacon, baby gem lettuce, Parmesan cheese and Caesar dressing in a flour tortilla wrap (2,4,5,6,7,9,14)

ADD FRIES FOR £4.00

TRADITIONAL IRISH STEW

Traditional Beef Irish stew with carrots & onions served with homemade Wheaten Bread & butter (1,7)

BEN'S FAMOUS SEAFOOD CHOWDER

locally sourced seafood with chorizo, cherry tomatoes, spring onion and fresh herbs served in our own cream sauce (1,2,3,5,6,7,8,14)

GAMMON, PINEAPPLE & CHIPS

Honey roasted Gammon with caramelised Pineapple and a handful of fries (9,14)

ADD 2 FRIED EGGS £3.50

VEGAN CURRY

Roasted sweet potato, red lentils and chickpeas served with fragrant rice (12,13)

ADD CHICKEN FOR £4.00

****EXCLUDES BANK HOLIDAY'S**



ALLERGEN INFORMATION

1. Celery
2. Cereals containing gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Nuts
11. Peanuts
12. Sesame Seeds
13. Soya
14. Sulphur Dioxide/sulphites

Every care is taken to avoid any cross contamination when processing a specific allergen free order. We do however work in a kitchen that processes allergenic ingredients and does NOT have a specific allergen free zone or separate dedicated fryers. Allergen data is held on each of our dish ingredients. Ask your server for more details

