

# Sunday Menu

BEN BAR & KITCHEN  
ESTD 2019  
MADIGANS

## STARTERS

**SOUP OF THE DAY (v)** £7.95  
served with Ben Madigan's homemade Wheaten (1,2,7)

**OPEN PRAWN SALAD** £8.95  
fresh water prawns in a gem lettuce cup with cherry tomatoes and fresh apple served with wheaten (2,3,6,14)

**SALT & CHILLI CHICKEN STRIPS (vo)** £9.00  
Served with salt'n'chilli dressing, peppers, onions and a crispy noodle garnish (4,7,12,13)  
VEGAN OPTION AVAILABLE WITH TOFU

## MAINS

**SLOW ROASTED LAMB SHANK** £24.95  
Tender Irish lamb shank, with roasted garlic mashed potato, seasonal greens and a rosemary & red wine jus (7,14)

**PAN SEARED SEABASS** £22.95  
served with sautéed garlic potatoes, and a prawn & confit tomato butter sauce (3,5,7)

**BEN'S 8oz SMASH BURGER** £18.95  
in a Brioche bun with baby gem lettuce, Cheddar, burger sauce, pickle and a choice of side (1,2,4,7,9)  
ADD HASH BROWN OR BACON £2

**GRILLED 10oz SIRLOIN** £36.95  
Irish 21-day 'Dry Aged' Beef with oven roasted tomato and mushroom, with a choice of side and a choice of creamy Peppercorn Sauce or Garlic Butter (1,7,9,14)  
ADD GARLIC PRAWNS FOR £5

**VEGAN CURRY (vg)** £17.95  
Roasted sweet potato, red lentils and chickpeas served with fragrant rice (12,13)  
ADD CHICKEN FOR £3

**CAULIFLOWER CHEESE - BUTTERED CABBAGE & BACON - BUTTERED GREENS** £4.95 (7) £4.95 (7)

## SUNDAY SHARING PLATTER - £79.95

These generous platters serve four adults or 2 adults & 3 kids and are made using only the finest Slow Braised Beef, Honey Roast Gammon, or Turkey, Ham and Stuffing.  
Choose up to two of our delicious choice of meats, complete with all the trimmings.  
Our roast platters are great fun for the whole family to tuck into.

## DESSERTS £7.25

**STICKY TOFFEE PUDDING**  
with butterscotch sauce & vanilla ice cream (2,4,6,7,10,14)

**WINTER APPLE CRUMBLE**  
with custard (2,4)

**VEGAN CHOCOLATE BROWNIE (vg)**  
with vegan ice cream (10,12,13)



**HOMEMADE OREO CHEESECAKE**  
with vanilla ice cream (2,7,10,13)

**TRIO OF ICE-CREAM**  
served with toffee & chocolate sauce (7,10,13)

## ALLERGEN INFORMATION

1. Celery
2. Cereals containing Gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Nuts
11. Peanuts
12. Sesame Seeds
13. Soya
14. Sulphur Dioxide/Sulphites

(v) Vegetarian (vg) Vegan (vo)Vegan option available